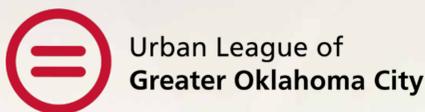




10:00 AM

MAKE YOUR BRAND POP
URBAN LEAGUE OF GREATER OKLAHOMA
- AUDITORIUM

Uncover the secrets of tailored marketing and branding that will set your business apart. Topics include, branding colors, fonts, logos, professional ways to visually attract customers and more.



10:00 AM

BUILDING BRIGHTER FUTURES FOR OUR COMMUNITY
SUNBEAM FAMILY SERVICES - ROOM J

We are going to talk about the programs Sunbeam has as mental health stigma/supports in the community.



10:00 AM

THERE'S SOMETHING YOU SHOULD KNOW BEFORE YOU GO
RIVERSIDE GARDENS CEMETARY - ROOM C

Prepare for funeral and burial expenses. Also open for Q&A



10:00 AM

KNOW YOUR RIGHTS
ATTORNEY JASON LOWE - ROOM D

What you should know when encountering Law enforcement.



10:00 AM

THRIVING ON A SMALL BUDGET
TINKER FEDERAL CREDIT UNION - ROOM B

Following any size budget can be a challenge, but it is possible to thrive even on a small budget. This workshop will explore money saving strategies, tips and tricks, and how to use resources when money is tight.



10:00 AM

"PRETTY ISN'T PRETTY" SIMPLY WHAT YOU'VE BEEN TRAINED TO SEE!
ELIZABETH TURNER - ROOM A



Naja's workshop is designed to take you on a journey beneath the surface of things and into the world of true knowledge. We will reveal the secret that explains, "Why we see, what we see!" and why 'Pretty Isn't Pretty' simply what you've been trained to see! Be prepared to experience life from a student's perspective and gain the wisdom of the ancient past...

11:30 AM

EMPOWERING BLACK WOMEN IN CANNABIS
PRESIDENTIAL THC - ROOM J

Explore the opportunities for Black women in the cannabis industry, both in business and health.



1:00 PM

"PRETTY ISN'T PRETTY" SIMPLY WHAT YOU'VE BEEN TRAINED TO SEE!
ELIZABETH TURNER - ROOM A



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2:00 PM

ADDING FUN TO THE MIX OF FITNESS AND HEALTH
SISTER'S IN MOTION & BROTHERS TOO - ROOM J

Join Sisters in Motion and Brothers Too for a fun time filled with easy and enjoyable physical activities! It's all about moving, having a good time, and feeling great. Whether you like dancing, stretching, or just moving around, we've got something for you. Let's come together and have a blast. Are you ready to get moving?"



2:30 PM

EXPUNGEMENT
ATTORNEY JASON LOWE - ROOM D

What you should know when encountering Law enforcement.



2:30 PM

WOMEN & INCARCERATION
DONNA THOMPSON - ROOM C

Join Ms. Donna Thompson as she unveils the stories behind the faces of women impacted by incarceration. Challenges women endure, the effects on their children, and the broader impact on their families. Discover the importance of looking beyond appearances to understand the complexities of their experiences. Learn why it's crucial not to judge a book by its cover and to empathize with the stories that often go unheard.

2:30 PM

THE FIT MOGUL: THRIVING IN BUSINESS, FLOURISHING IN HEALTH, CREATED BY DR. BASHEERAH AHMAD - ROOM A

This workshop is a call to all ambitious women striving for a healthy, wealthy lifestyle. We'll uncover how to achieve balance in our busy lives, ensuring our business growth doesn't come at the expense of our health. Join me for a transformative workshop designed to foster both your success and holistic well-being.

2:30 PM

THRIVING ON A SMALL BUDGET
TINKER FEDERAL CREDIT UNION - ROOM B

Following any size budget can be a challenge, but it is possible to thrive even on a small budget. This workshop will explore money saving strategies, tips and tricks, and how to use resources when money is tight.



3:00 PM

LEARN TO STRENGTHEN YOUR BUSINESS USING COMMUNITY BANKS
FSB-FIRST SECURITY BANK - ROOM J

Banking experts share proven techniques to strengthen your business, including financial technology, strengthening your credit, and increasing your overall business savvy.



5:30 PM

ALTER EGO FASHION SHOW - AUDITORIUM

Different layers of womens fashion.

